



COLLEGE COUNSELING & PSYCHOLOGICAL SERVICES KNOWLEDGE BASE:

Supported by the American College Counseling Association

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COLLEGE STUDENT HEALTH LITERATURE

PHASE 1: 1998-2008

PHASE 2: 2009-2013

PHASE 3: 2014-2017

PHASE 4: 2018-2020





De-Centralized College Counseling Knowledge-Base

- In *Student Services: A Handbook for the Profession*, Komives & colleagues (2003) make the case for the important role of counseling and mental health services on college and university campuses. Our data-base fills a professional development gap for college counseling professionals by doing the work of bringing together and disseminating knowledge found across several professional literatures.
- Phase 1 was a review of college counseling articles over 10 years: 1998-2008. Phase 1 reviewed over 200 articles in 10 different journals
- Phase 2 was a review of college counseling articles over 4 years to bring up database up to date: 2009-2013. Phase 2 reviewed nearly 500 articles in 9 different journals.
- Phase 3 was a review of college counseling articles over 4 years to further update the database: 2014-2017. Phase 3 reviewed nearly 400 articles in 9 different journals.
- Phase 4 was a review of college counseling articles over 3 years up approximately the COVID-19 moment to bring the database up-to-date: 2018-2020. Phase 4 reviewed over 400 articles in 9 journals.

De-Centralized College Counseling Knowledge-Base: Journals Included in Our Data-Base

- College Counseling Literature
 - *Journal of College Counseling*
 - *Journal of College Student Psychotherapy*
- College Student Development Literature
 - *College Student Journal*
 - *Journal of College Student Development*
 - *NASPA Journal/Journal of Student Affairs Research and Practice*
- College Student Health Literature
 - *Journal of American College Health*
- Counseling Psychology Literature
 - *Journal of Counseling Psychology*
 - *The Counseling Psychologist*
- Professional Counseling Literature
 - *Journal of Counseling & Development*
 - *Measurement & Evaluation in Counseling and Development*

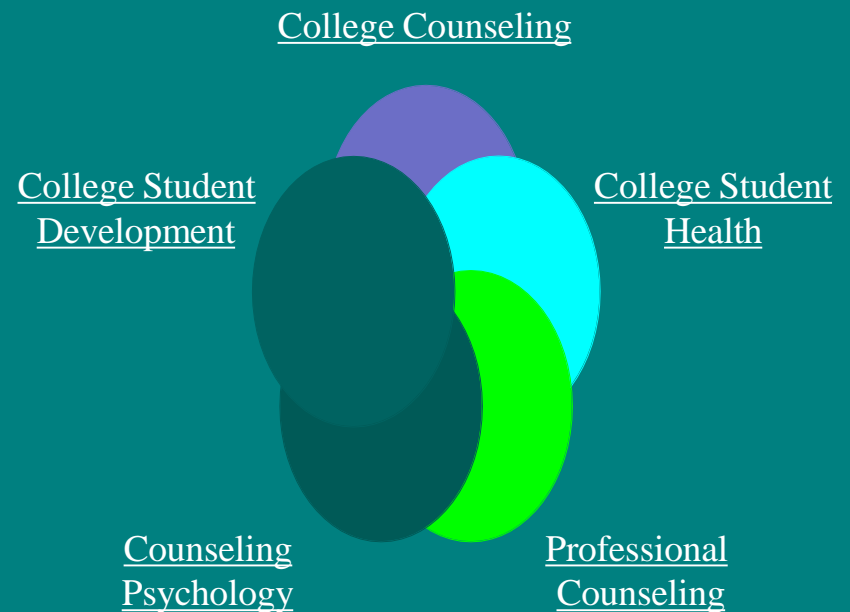


Image 1: Venn diagram depicting overlap of college counseling, college student development, college student health, counseling psychology, and professional counseling.

College counseling themes emerging from the College Student Health Literature: *Journal of American College Health*

Phase 1: 1998-2008



- Theme 1: College student counseling and mental health needs and presenting concerns
 - JACH (9 articles)
- Theme 2: Depression and suicide
 - JACH (5 articles)
- Theme 3: Eating disorders
 - JACH (5 articles)
- Theme 4: Counseling interventions
 - JACH (5 articles)
- Theme 5: Professional Issues and trends
 - JACH (3 articles)
- Theme 6: Specialized populations
 - JACH (3 articles)

College counseling themes emerging from the College Student Health Literature: *Journal of American College Health*

Phase 2: 2009-2013



- Theme 1: Specialized populations
 - JACH (14 articles)
- Theme 2: Professional issues and trends
 - JACH (12 articles)
- Theme 3: Depression and suicide
 - JACH (11 articles)
- Theme 4: College student counseling and mental health needs and presenting concerns
 - JACH (10 articles)
- Theme 5: Substance use
 - JACH (10 articles)
- Theme 6: Counseling interventions
 - JACH (7 articles)
- Theme 7: Eating disorders
 - JACH (4 articles)
- Theme 8: Intake and assessment
 - JACH (2 articles)

College counseling themes emerging from the College Student Health Literature: *Journal of American College Health*

Phase 3: 2014-2017



- Theme 1: College student counseling and mental health needs and presenting concerns
 - JACH (16 articles)
- Theme 2: Substance use
 - JACH (12 articles)
- Theme 3: Eating disorders
 - JACH (11 articles)
- Theme 4: Depression and suicide
 - JACH (10 articles)
- Theme 5: Counseling Interventions
 - JACH (9 articles)
- Theme 6: Specialized Populations
 - JACH (8 articles)
- Theme 7: Service member/veteran populations
 - JACH (7 articles)
- Theme 8: Intake and assessment
 - JACH (6 articles)
- Theme 6: Professional issues and trends
 - JACH (5 articles)

College counseling themes emerging from the College Student Health Literature: *Journal of American College Health*

Phase 4: 2018-2020



- Theme 1: College student counseling and mental health needs and presenting concerns
 - JACH (21 articles)
- Theme 2: Depression and suicide
 - JACH (18 articles)
- Theme 3: Substance use
 - JACH (16 articles)
- Theme 4: Counseling interventions
 - JACH (15 articles)
- Theme 5: Sleep and stress
 - JACH (11 articles)
- Theme 6: Sexual assault and intimate partner violence
 - JACH (11 articles)
- Theme 7: Eating disorders
 - JACH (9 articles)
- Theme 8: Specialized populations
 - JACH (8 articles)

College counseling themes emerging from the College Student Health Literature: *Journal of American College Health*

Phase 4: 2018-2020



- Theme 9: Adverse childhood experiences and trauma
 - JACH (7 articles)
- Theme 10: Intake and assessment
 - JACH (7 articles)
- Theme 11: Service member/Veteran Population
 - JACH (4 articles)
- Theme 4: Professional issues and trends
 - JACH (2 articles)

References

Dungy, G. J. (2003). Organization and functions of student affairs. In S. R. Komives, D. B. Woodard, Jr., & Associates (Eds.). *Student services: A handbook for the profession, Fourth edition*. San Francisco, CA: Jossey-Bass.

