



# COLLEGE COUNSELING & PSYCHOLOGICAL SERVICES KNOWLEDGE BASE:

Supported by the American College Counseling Association

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## COLLEGE STUDENT DEVELOPMENT LITERATURE

PHASE 1: 1998-2008

PHASE 2: 2009-2013

PHASE 3: 2014-2017

PHASE 4: 2018-2020





## De-Centralized College Counseling Knowledge-Base

- In *Student Services: A Handbook for the Profession*, Komives & colleagues (2003) make the case for the important role of counseling and mental health services on college and university campuses. Our data-base fills a professional development gap for college counseling professionals by doing the work of bringing together and disseminating knowledge found across several professional literatures.
- Phase 1 was a review of college counseling articles over 10 years: 1998-2008. Phase 1 reviewed over 200 articles in 10 different journals
- Phase 2 was a review of college counseling articles over 4 years to bring up database up to date: 2009-2013. Phase 2 reviewed nearly 500 articles in 9 different journals.
- Phase 3 was a review of college counseling articles over 4 years to further update the database: 2014-2017. Phase 3 reviewed nearly 400 articles in 9 different journals.
- Phase 4 was a review of college counseling articles over 3 years up approximately the COVID-19 moment to bring the database up-to-date: 2018-2020. Phase 4 reviewed over 400 articles in 9 journals.

## De-Centralized College Counseling Knowledge-Base: Journals Included in Our Data-Base

- College Counseling Literature
  - *Journal of College Counseling*
  - *Journal of College Student Psychotherapy*
- College Student Development Literature
  - *College Student Journal*
  - *Journal of College Student Development*
  - *NASPA Journal/Journal of Student Affairs Research and Practice*
- College Student Health Literature
  - *Journal of American College Health*
- Counseling Psychology Literature
  - *Journal of Counseling Psychology*
  - *The Counseling Psychologist*
- Professional Counseling Literature
  - *Journal of Counseling & Development*
  - *Measurement & Evaluation in Counseling and Development*

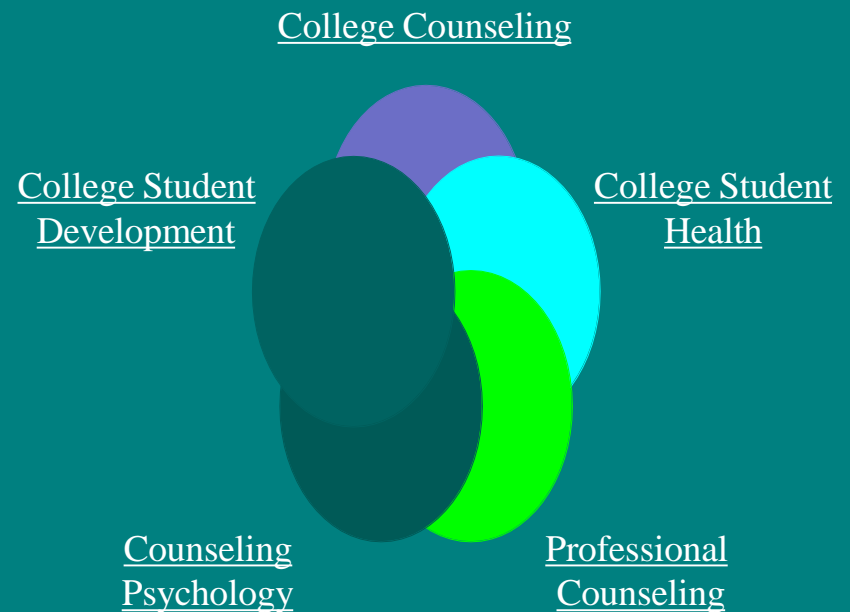


Image 1: Venn diagram depicting overlap of college counseling, college student development, college student health, counseling psychology, and professional counseling.

College counseling themes emerging from the College Student Development Literature:  
*College Student Journal (CSJ)*  
*Journal of College Student Development (JCSD)*  
*NASPA Journal (NASPA J)*

Phase 1: 1998-2008



- Theme 1: Specialized campus populations
  - CSJ (2 articles), JCSD (7 articles)
- Theme 2: College student counseling and mental health needs and presenting concerns
  - CSJ (0), JCSD (5 articles), NASPA J (1 article)
- Theme 3: Professional issues and trends
  - CSJ (2 articles), JCSD (4 articles), NASPA J (0)

College counseling themes emerging from the College Student Development Literature:  
*Journal of College Student Development (JCSD)*  
*Journal of Student Affairs Research and Practice (JSARP)/*  
*NASPA Journal (NASPA J)*

Phase 2: 2009-2013



- Theme 1: Specialized campus populations
  - Divided into 11 specific subthemes (see following page)
- Theme 2: Substance use
  - JCSD (17 articles), JSARP (4 articles), NASPA J (2 articles)
- Theme 3: College adjustment and academic success
  - JCSD (9 articles), JSARP (1 article), NASPA J (0 articles)
- Theme 4: College student counseling and mental health needs and presenting concerns
  - JCSD (9 articles), JSARP (0 articles), NASPA J (1 article)
- Theme 5: Dating and relationship violence
  - JCSD (7 articles), JSARP (0 articles), NASPA J (1 article)
- Theme 6: Family of origin influences and issues
  - JCSD (5 articles), JSARP (0 articles), NASPA J (1 article)
- Theme 3: Wellness and psychological adjustment
  - JCSD ( 6 articles), JSARP (0 articles), NASPA J (1)



## Theme 1 emerging from the college student development literature, Phase 2: Specialized populations

- Sub-Theme 1A: Ethnicity (JCSD 15, JSARP 4, NASPA J 0 articles)
- Sub-Theme 1B: International students (JCSD 9, JSARP 3, NASPA J 0 articles)
- Sub-Theme 1C: GLBTQ students (JCSD 7, JSARP 2, NASPA J 0 articles)
- Sub-Theme 1D: Greek life (JCSD 4, JSARP 2, NASPA J 2 articles)
- Sub-Theme 1E: Gender (JCSD 3, JSARP 3, NASPA J 0 articles)
- Sub-Theme 1F: First-generation students (JCSD 3, JSARP 1, NASPA J 0 articles)
- Sub-Theme 1G: Student athletes (JCSD 2, JSARP 1, NASPA J 0 articles)
- Sub-Theme 1H: Military/veteran students (JCSD 0, JSARP 3, NASPA J 0 articles)
- Sub-Theme 1I: Graduate students (JCSD 0, JSARP 2, NASPA J 0 articles)
- Sub-Theme 1J: Native American students (JCSD 1, JSARP 1, NASPA J 0 articles)
- Sub-Theme 1K: Students with disabilities (JCSD 1, JSARP 1, NASPA J 0 articles)



College counseling themes emerging from the College Student Development Literature:  
*Journal of College Student Development (JCSD)*  
*Journal of Student Affairs Research and Practice (JSARP)*

Phase 3: 2014-2018



- Theme 1: Specialized campus populations
  - Divided into 7 specific subthemes (see following page)
- Theme 2: College student counseling and mental health needs and presenting concerns
  - JCSD (8 articles), JSARP (0 articles)
- Theme 3: Wellness and psychological adjustment
  - JCSD (5 articles), JSARP (3 articles)
- Theme 4: Substance use
  - JCSD (6 articles), JSARP (0 articles)
- Theme 5: Mental health programming on campus
  - JCSD (4 articles), JSARP (2 articles)
- Theme 6: College adjustment and academic success
  - JCSD (5 articles), JSARP (0 articles)
- Theme 7: Eating disorders
  - JCSD (3 articles), JSARP (0 articles)

College counseling themes emerging from the College Student Development Literature:  
*Journal of College Student Development (JCSD)*  
*Journal of Student Affairs Research and Practice (JSARP)*

Phase 3: 2014-2018



- Theme 8: Professional issues and trends
  - JCSD (1 article), JSARP ( 2 articles)
- Theme 9: Dating and relationship violence
  - JCSD (2 articles), JSARP (0 articles)
- Theme 10: Family of origin influences and issues
  - JCSD (1 article), JSARP (0 articles)
- Theme 5: 11 Social media: College counseling implications
  - JCSD (1 article), JSARP (0 articles)



## Theme 1 emerging from the college student development literature, Phase 3: Specialized populations

- Sub-Theme 1A: Ethnicity (JCSD 7, JSARP 0 articles)
- Sub-Theme 1B: International students and international campuses (JCSD 5, JSARP 0 articles)
- Sub-Theme 1C: First-year students (JCSD 3, JSARP 0 articles)
- Sub-Theme 1D: GLBTQ (JCSD 2, JSARP 0 articles)
- Sub-Theme 1E: Greek Life students (JCSD 2, JSARP 0 articles)
- Sub-Theme 1F: Student athletes (JCSD 1, JSARP 0 articles)
- Sub-Theme 1G: Students with disabilities (JCSD 1, JSARP 0 articles)



## Theme 1 emerging from the college student development literature, Phase 4: Specialized populations

- Sub-Theme 1A: GLBTQ (JCSD 7, JSARP 1 article)
- Sub-Theme 1B: Ethnicity (JCSD 5, JSARP 1 article)
- Sub-Theme 1C: Students with disabilities (JCSD 1, JSARP 2 articles)
- Sub-Theme 1D: International students and international campuses (JCSD 3, JSARP 0 articles)
- Sub-Theme 1E: First-year students (JCSD 2, JSARP 0 articles)
- Sub-Theme 1F: Military and veteran students (JCSD 1, JSARP 1 article each)
- Sub-Theme 1G: First-generation college students (JCSD 1, JSARP 0 articles)



College counseling themes emerging from the College Student Development Literature:  
*Journal of College Student Development (JCSD)*  
*Journal of Student Affairs Research and Practice (JSARP)/*  
*NASPA Journal (NASPA J)*

Phase 4: 2018-2020



- Theme 1: Specialized campus populations
  - Divided into 7 specific subthemes (see following page)
- Theme 2: College adjustment and academic success
  - JCSD (4 articles), JSARP (4 articles)
- Theme 3: Wellness and psychological adjustment
  - JCSD (4 articles), JSARP (2 articles)
- Theme 4: Substance use
  - JCSD (3 articles), JSARP (2 articles)
- Theme 5: College student counseling and mental health needs & presenting concerns
  - JCSD (4 articles), JSARP (1 article)
- Theme 6: Mental health programming on campus
  - JCSD (1 article), JSARP (3 articles)
- Theme 7: Sense of belonging and community
  - JCSD ( 2 articles), JSARP (2 articles)

College counseling themes emerging from the College Student Development Literature:  
*Journal of College Student Development (JCSD)*  
*Journal of Student Affairs Research and Practice (JSARP)/*  
*NASPA Journal (NASPA J)*

Phase 4: 2018-2020

- Theme 8: Social justice and advocacy in higher education
  - JCSD (4 articles), JSARP (0 articles)
- Theme 9: College student identity development
  - JCSD (3 articles), JSARP (0 articles)
- Theme 10: College faculty mental health
  - JCSD (0 articles), JSARP (3 articles)
- Theme 11: Dating and relationship violence
  - JCSD (1 article), JSARP (1 article)



## References

Dungy, G. J. (2003). Organization and functions of student affairs. In S. R. Komives, D. B. Woodard, Jr., & Associates (Eds.). *Student services: A handbook for the profession, Fourth edition*. San Francisco, CA: Jossey-Bass.

